

PHYSIOTHERAPY ASSISTANT /
OCCUPATIONAL THERAPY ASSISTANT



Diploma Program Length: 63 Weeks
49 weeks Classroom, 14 weeks Fieldwork Placement
NOC Code: 3414, 3237

Introduction to Rehabilitation and Terminology **8 Weeks**

Introduction to Computer Applications
 Career Management
 CPR and First Aid
 Introduction to Rehabilitation and Communication Skills
 Data Collection for PTA / OTAs

PTA / OTA Fundamentals **16 Weeks**

Human Anatomy, Physiology and Diseases/Disorders
 Introduction to Occupational Therapy
 PTA / OTA Administration and Program Support
 Physiotherapy in Mental Health
 Developmental Psychology and Functional Development across the Lifespan
 Basic Patient Care, Functional Movement and Rehabilitation

Physiotherapy Techniques **8 Weeks**

PTA Therapeutic Techniques 1: Musculoskeletal
 PTA Therapeutic Techniques 2: Modalities and Physical Agents
 PTA Therapeutic Techniques 3: Cardiac, Neurological and Respiratory
 Management and Specialty Areas

Occupational Therapy Techniques I **6 Weeks**

Advanced Interpersonal and Communication Skills
 Group Intervention in Occupational Therapy
 Fitness and Wellness

Occupational Therapy Techniques II **10 Weeks**

OTA Therapeutic Techniques for Older Adults
 OTA Therapeutic Techniques for Children
 OTA Therapeutic Techniques in Mental Health
 Communication Disorders

Professional Skills **1 Week**

PTA / OTA Fieldwork Placement **14 Weeks**

Keyboarding - Continuous Learning throughout Program

Program HIGHLIGHTS Include:

- Students eligible for canfitpro™ Personal Training Specialist Certification**
- Membership with the Canadian Physiotherapy Association (CPA)**
- Membership with the Canadian Association of Occupational Therapists (CAOT)**
- 500 hour practicum placement**
- Anatomy Lab Workshop**
- Registered and Approved Diploma**
- Career Services
- Job Search Assistance
- Alumni Program Benefits



NOTE: In order to continuously improve our programs, triOS College reserves the right to modify programs at any time. Program delivery order may vary depending on program start date. This diploma may not be available at all campuses. The program may have additional reading weeks, depending on start date. triOS College is registered and approved as a Private Career College under the Private Career Colleges Act, 2005.

ADMISSION REQUIREMENTS: High School Graduation Diploma or Mature Student Status (Mature students from Ontario must be at least 18 years of age by the program start date and successfully pass an academic achievement test. Mature students from other Canadian provinces must be at least 19 years of age and a minimum of 1 year out of high school by the program start date and successfully pass an academic achievement test. See Mature Student policy for more details.); demonstrated fluency in English (oral and written) and an Admissions Interview to determine suitability for a career as a Physiotherapy Assistant / Occupational Therapy Assistant. All students enrolled in the Physiotherapy Assistant / Occupational Therapy Assistant program must be in good general health, produce a 'negative' (clear) police check and obtain a Medical Certificate (free of communicable disease with up-to-date immunization status). Hepatitis B immunization is strongly recommended. Individuals considering a career as a Physiotherapy Assistant / Occupational Therapy Assistant should enjoy working with people, be compassionate, patient and possess the ability to listen, as well as being physically able to assist in patient lifts and support.

FIELDWORK PLACEMENT REQUIREMENTS: A clear CPIC Vulnerable Sector Check is required prior to the start of the fieldwork placement. This will also be required to work in hospitals and government subsidized healthcare organizations such as long-term care facilities.

ACCREDITATION POLICY: Like all post-secondary institutions in Ontario, triOS College reserves the right to accept or deny advanced standing into its programs.