

Addiction Worker (AW)

The **Addiction Worker diploma program at triOS is 47 weeks. It includes an 8-week internship.** Addiction affects many individuals and society as a whole. Addiction workers are a vital part of maintaining a healthy society. With the growing population, this is a sector of the healthcare industry that will always have a great demand for highly trained professionals.

At triOS, our Addiction Worker diploma program will provide you with the skills and knowledge that you need to kick-start your career. You will be trained extensively in pharmacology, treatment planning, addiction resources and networking, and other key areas. This program is recognized by the Canadian Addiction Counsellors Certification Federation (CACCF) and also includes CPR/First Aid training.

Program Benefits

- ✓ Half Day Classes
- ✓ Job Placement Assistance
- ✓ CPR/First Aid Training

Here's a look at some of the courses included in this program:

Preparatory Studies

Student Success Strategies, Digital Literacy for Professionals, Career Planning & Preparation, CPR and First Aid

Addiction Fundamentals

Principles of Addiction, Process Addictions, Pharmacology, Structured Relapse Prevention Planning

Assessment & Treatment

Intake & Assessment & Interviewing, Treatment Planning, Case Management & Professional Ethics, Introduction to Cognitive Behavioral Therapy, Addiction Resources & Networking

Human Relations

Family Dynamics & Addiction, Group & Individual Substance Abuse Counselling, Special Populations, Addiction, Crime & Psychology

Health Management

Principles of Communication, Anger & Stress Management Techniques, Personal & Professional Health Development of the Counsellor, Secondary Traumatic Stress



Employment and Wage Outlook for Careers in this field:



Employment Rate based on 2022 contactable triOS graduates employed in a related field within 12 months.

Source: workingincanada.gc.ca

NOC Code: 4212/42201 - **Wage data rounded down to the nearest dollar. Average wage doesn't reflect the starting salary but represents the middle value between lowest to highest wages. Local (or regional) income may vary. Last updated in Jan 2024.

Career Opportunities

Distress Centre Support Worker

Group Home Worker

Outreach Worker

Substance Abuse Worker Drug

Addiction Worker

Well-Being Counsellor

Peer Support Worker

Child & Youth Worker Emergency

Shelter Counsellor

Employers Who Have Hired triOS Grads



Some Other Employers Include:

- Youth Action Centre
- Family Lifeline Counseling
- VON Canada
- Council on Drug Abuse (CODA)
- Pioneer Youth Services

“I was recently asked what the most important thing my instructor taught me. My answer: to have confidence in myself and to trust that there are always people in my corner!”

-Anne E.,
triOS College Addiction Worker Graduate

Addiction Worker

NOC Code: 4212/42201

Diploma Program Length:

47 Weeks

Student Success Strategies **4 Weeks**
Digital Literacy for Professionals
Career Planning Preparation - Level 1

Principles of Addiction **8 Weeks**
Process Addictions
Pharmacology
Structured Relapse Prevention Planning

Intake, Assessment and Interviewing **8 Weeks**
Treatment Planning
Case Management & Ethics
Introduction to Cognitive Behavioural
Theory Addiction Resources & Networking

Family Dynamics & Addictions **8 Weeks**
Group & Individual Substance Abuse
Counselling Special Populations
Addiction, Crime and Psychology

Principles of Communication **8 Weeks**
Anger & Stress Management Techniques
Personal and Professional Health Development of the Counsellor
Secondary Traumatic Stress

CPR and First Aid **1 Week**

Career Planning & Preparation - Level 2 **1 Week**

Internship **8 Weeks**

Lab Weeks **1 Week**

Keyboarding – continuous learning throughout the program

Additional notes and admission requirements can be found on page 4.

Program highlights include:

- Registered and approved diploma
- Career services
- Job search assistance
- Alumni program benefits

Admission Requirements:

1. Student has an Ontario Secondary School Diploma or equivalent, OR
Is 18 years of age or older on or before the program begins AND can pass a qualifying test that has been approved by the Superintendent. *
2. The approved qualifying test for this program is the Wonderlic test. A passing score for this program is 18.
3. Student must provide a clear Vulnerable Sector Check.

*Applicants from other Canadian provinces must be at least 19 years of age and a minimum of 1 year out of high school by the program start date and successfully pass an academic achievement test.

International Students: Please contact us for more detail regarding admissions requirements.

Accreditation Policy:

Like all post-secondary institutions in Ontario, triOS College reserves the right to accept or deny advanced standing into its programs.

Note:

In order to continuously improve our programs, triOS College reserves the right to modify programs at any time. Program delivery order may vary depending on the program start date. This diploma program may not be available at all campuses. The program may have additional reading weeks, depending on the start date.

You can find our Key Performance Indicators (graduation rate, employment rate, etc.) at www.triOS.com/kpi.

Course Descriptions

Student Success Strategies

This course stresses the importance of developing non-technical skills to enhance personal, academic and career success. This includes understanding learning styles and honing practical study skills, such as memory, reading, note- and test-taking techniques. Personal exercises will focus on teamwork, decision making and problem-solving skills, setting goals and maintaining positive attitude techniques for managing change, stress and conflict will also be explored.

Digital Literacy for Professionals

This course introduces students to the fundamental concepts and principles of learning and working in a digital environment. This course will cover the following elements: using devices and handling information, creating and editing information, communicating and collaborating, and being safe and responsible online.

Career Planning & Preparation – Level 1

This module introduces tools for planning and preparing for a successful job search, so that students can maintain a career-focused approach throughout their education program. Students will learn how to research opportunities and network for industry contacts and use appropriate etiquette when communicating with prospective employers. Students will identify their personal skills, values and preferences for the workplace, begin preparation of a professional resume, cover letter, thank you note and references. Class discussions on various self-management topics introduced in Student Success Strategies will round out this module, which is a pre-requisite for Career Planning and Preparation – Level 2.

Principles of Addiction

This course provides a foundation for the study of addictions. Topics include substance abuse trends, statistics and effects in society, theories, treatment modalities, prevention and intervention ideals; classes of drugs and study of drugs within each class; addiction and its effects. The Principles of Addiction course also introduces students to a deeper insight into addictions through study of Dr. Gabor Mate's book 'In the Realm of Hungry Ghosts', Close Encounters with Addiction. On completion of this course the student will have gained a foundational understanding of addiction and its applications. This course also involves creating a general awareness to ethical issues and practices. This course will allow the opportunity for students to interact and understand the relevance of addiction and the impact on society.

Process Addictions

This course provides a basic foundation for the study of process addictions. Topics include compulsive gambling, sex addiction, eating disorders, work-a-holism and compulsive buying.

Pharmacology

This course provides an introduction to pharmacology. Topics include classes of drugs and drugs within each class, basic principles of drug pharmacology, drug absorption, distribution, metabolism and excretion, therapeutic and toxic effects, endogenous and exogenous substances. Effects of drugs on behavior, cognition and emotions, CNS and PNS studies, neurons and neurotransmitters, liver diseases, GI tract absorption disorders related to drug use; blood brain barrier; first pass metabolism and dose-response relationship. On completion of this course the student will have gained a foundational understanding of the basic principles of drug pharmacology with emphasis specific to pharmacokinetics and pharmacodynamics.

Structured Relapse Prevention Planning

This course provides a study of structured relapse prevention and the nature of the cycle of addiction. Topics include relapse prevention overview and trends, understanding relapse behavior, treatment modalities and post-acute withdrawal. On completion of this course the student will have gained a foundational understanding of structured relapse prevention and its applications. This course also involves creating a general awareness of the role of the structured relapse prevention counselor.

Intake, Assessment & Interviewing

This course provides a study of addiction related intake, assessment and interviewing techniques. Topics include screening & intake, DSM 5, Motivational Interviewing & Stages of Change, interviewing youth and suicide, assessment and intervention. On completion of this course the student will have gained a foundational understanding of screening, intake, assessment and interviewing processes. Upon completion of this course the student will demonstrate confident assessment and interviewing skills.

Treatment Planning

This course provides an established standard for writing effective and efficient treatment plans in the treatment of addictions. Topics include developing and writing treatment plans, goals, objectives, presenting problems, measuring success and outcomes. This course will also involve creating a treatment plan for Crickett. Upon completion of this course students will have gained practical application of establishing effective and efficient treatment plans.

Case Management & Professional Ethics

This course provides an introduction to case management and ethical practices. Topics include ethics and other professional responsibilities, case management roles and functions, developing service plans, mental status exam and the DSM-IV. On completion of this course the student will have gained a foundational understanding of case management and its applications. This course also involves creating a general awareness to ethical issues and other professional responsibilities.

Introduction to Cognitive Behavioral Therapy

This course provides an introduction to Cognitive Behavioral Therapy for Addiction. Techniques for developing cognitive therapy counseling skills will be explored. Upon completion of this course, the student will have gained a basic foundation of the theory, practice and application of Cognitive Behavioral Therapy for Addiction.

Addiction Resources & Networking

This course provides intense research and study of community agencies specific to the field of addictions. On completion of this course the student will have gained an in-depth study of community agencies and services available to support individuals suffering from addictions. This course also involves creating a network catalogue which the student can reference in the workplace.

Family Dynamics & Addiction

This course provides a basic study of the alcoholic family in recovery. Topics include when the drinking/drugging stops, process of families in recovery, assessing family functioning and the stages of families in recovery. On completion of this course the student will have gained a foundational understanding of addiction as a family disease. This course also involves creating an experiential understanding of the effects of addiction on the family.

Group & Individual Substance Abuse Counselling

In this course students will be introduced to the foundation of counselling the alcohol and drug dependent client. Topics include treatment principles, counseling techniques, the individual, treatment & group counseling therapy principles and modalities. The student will also participate in challenging exercises that promote skill development, conceptual understand and self-awareness. On completion of this course the student will have gained a foundational understanding of counselling clients with substance abuse issues in group and individual settings. This course also involves creating an experiential understanding of group dynamics as well as group design and implementation.

Special Populations

This course provides a basic study of the effects of substance abuse and chemical dependency on special populations. Special populations covered: Natives & other ethnic/cultural groups, youth, sexual minorities (LGBT), elderly, co-occurring disabilities, homeless, gender (women) and suicidal clients.

Addiction, Crime & Psychology

This course provides a basic understanding of psychology including a historical overview, concurrent disorders (major psychological disorders), rational emotive therapy, self-motivations, values and morality. The course also provides insight into addiction & crime and explores anomie theory and motivation as well as opportunity theory. The course also involves the In-depth study of the autobiography of Serge Leclerc.

Principles of Communication

This course provides a foundation for developing communication skills. Topics include verbal and non- verbal communication, sensory data, power, affiliation and achievement, questions, values and beliefs. On completion of this course the student will have gained a foundational understanding of necessary communication skills needed for counseling. This course also involves extensive practical exercises.

Anger & Stress Management Techniques

This course provides a foundation for developing anger & stress management techniques. Topics include anger management & stress management. On completion of this course the student will have gained a foundational understanding of managing emotional life issues especially anger, rage and anxiety.

Personal & Professional Health Development of the Counsellor

This course provides a foundation for positive health development of the counselor. Topics include depression & despair, sleep deprivation, healthy supports & relationships, dealing with loneliness and grief, spirituality & self-esteem, humor & laughter and nutrition & exercise. on completion of this course the student will have gained a foundational understanding of healthy counselor development.

Secondary Traumatic Stress

This course provides a foundational understanding of secondary traumatic stress. Topics include secondary traumatic stress, trauma, posttraumatic stress disorder, vicarious trauma, the therapist- supports/barriers/sorting styles & dual relationships.

CPR/First Aid – as Scheduled

Upon successful completion of this course, students will achieve the St. John's Ambulance Standard Level First Aid and Level C CPR.

Career Planning & Preparation – Level 2

This module continues to build on the concepts and skills introduced in Career Planning and Preparation - Level I. Students will learn how to conduct an effective job search and identify various methods of applying for work with today's technology. Students will create a personal list of "Top Employers" and target current industry opportunities, while finalizing their professional resume, portfolio and career correspondence. Students will learn to identify the different types and forms of interviews, practice responding to typical questions, and practice follow-up, evaluation and negotiation techniques they can use to ensure success. Self-management topics from Career Planning and Preparation - Level I will be reviewed, with a focus towards on-the-job success in both learner placements and post-graduate employment.

Internship

At the successful completion of the classroom hours of this program, students will be placed in a 300- hour internship at an outside organization. Students will have the opportunity to apply their new and developed skills in a real-world environment. Internship hosts include community-based outreach organizations as well as shelters and treatment centers.