

# Contemporary Acupuncture for Healthcare Professionals

Certificate Program Length:  
**21 Weeks**

The newly designed scheduling for this 390 hour certificate program has been carefully constructed to reduce the impact on a participant's working schedule, as well as, to complete the academic, skill development and client clinic hours of the program within 21 training weeks, plus 3 break weeks. Upon completion, the healthcare professional graduate will meet the CMTO stated knowledge and skill requirements to incorporate acupuncture within the scope of their treatment plans. [www.cmto.com](http://www.cmto.com). This standard of competencies, will likely meet or exceed most other registered healthcare practitioner disciplines for use of acupuncture within their treatment plans.

## Program Benefits

- ✓ Work while you learn schedule
- ✓ Hands-on training
- ✓ TCM Based Acupuncture
- ✓ All subjects qualify for advanced standing in the Acupuncture Practitioner Diploma Program



Acupuncture Practitioners strive to put the body systems back in balance. Acupuncturists, through the skillful & careful placement of needles on "acupuncture points" treat what is known as "patterns of disharmony". The goal is to clear the energy blockages and return the body to its normal function, as an adjunct to your patient treatment plan.

After completing this program a regulated healthcare professional will be able to design effective and safe acupuncture treatments for musculoskeletal pain and dysfunction, as well as, common symptoms of disharmony within the client, within the scope of their health discipline. The Diagnosis and Treatments 1 subject is for TCM awareness purposes and to enable discussion with peer professionals. Contemporary students do not diagnose within a Direct Patient Care Clinic.

# Contemporary Acupuncture for Healthcare Professionals

NOC Code: 3232/32200

Certificate Program Length:

**21 Weeks**

As this program is wholly based upon the principles of Traditional Chinese Medicine, all subjects are eligible for 'advanced standing' and transition into the triOS Acupuncture Practitioner for the Healthcare Professional diploma program, which enables the graduate to achieve a 'dual' registration in both, their healthcare discipline and, the CTCMPAO.

**Here's a look at some of the courses included in this program:**

## **Semester 1:** **The Foundations of Traditional**

**13 Weeks -264 Hours**

### **Chinese Medicine**

Meridian Theory 1  
TCM Theory Foundations 1  
Point Locations 1  
Point Locations 2  
Techniques of Acupuncture 1  
Techniques of Acupuncture 2  
Clinic Modalities  
Diagnosis and Treatments 1  
Needling Lab  
TCM Clinical Safety

## **Semester 2:** **Bringing it All Together**

**8 Weeks -126 Hours**

Observations Student Clinic  
Pain Management and Rehabilitation 1  
Pain Management and Rehabilitation 2  
TCM Terminology  
Contemporary Exam  
Direct Patient Care Clinic (Contemporary)

# Contemporary Acupuncture for Healthcare Professionals

NOC Code: 3232/32200

Certificate Program Length:

21 Weeks

## A View of Your Program Schedule by Semester

Clinics are in person and on campus. Weekend classes are in person.  
Weekday evening classes are a combination of Instructor led online and Asynchronous Home Study.

Semester 1 (13 weeks -264 hours)						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
no classes	6-8pm remote classes	no classes	6-8pm remote classes	no classes	8:30-5:15pm* on campus classes	8:30-5:15pm* on campus classes
plus 4 hrs online self study					*break 12:30-1:15PM	*break 12:30-1:15PM
Semester 2 (8 weeks -126 hours)						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
no classes	6-8pm* remote classes	6-10pm Clinics: in-person	no classes	no classes	8:30-5:15* on campus classes	8:30-5:15* on campus classes
	*weeks 14,15,16 only				*break 12:30-1:15PM	*break 12:30-1:15 PM
plus 2 hrs online self study						

## Admission Requirements:

1. Must be: Registered Massage Therapist (RMT) or Physiotherapist or Chiropractor or Medical Doctor qualified to practice in Ontario.

International Students: Please contact us for more detail regarding admissions requirements.

## Skill/Practical Requirements:

1. A copy of an existing vulnerable person background check is required and to be submitted prior to participating in any clinic activity. If one does not exist, it must be acquired.
2. Students must complete all academic pre-requisites and complete 12 hours of Clinical Observation prior to participating in any clinic activity.

## Advanced Standing Policy:

Like all post-secondary institutions in Ontario, triOS College reserves the right to accept or deny advanced standing into its programs.

## Note:

In order to continuously improve our programs, triOS College reserves the right to modify programs at any time. Program delivery order may vary depending on the program start date. This diploma program may not be available at all campuses. The program may have additional reading weeks, depending on the start date.

**You can find our Key Performance Indicators (graduation rate, employment rate, etc.) at [www.triOS.com/kpi](http://www.triOS.com/kpi).**

These are statistics from 2018.

## Course Descriptions:

### Meridian Theory 1

This foundational course delves a cornerstone of Traditional Chinese Medicine. You will learn to assess and influence the energetic balance, addressing health from a holistic TCM perspective. The course integrates philosophical principles, practical exercises, and historical insights, empowering you with the skills to begin practicing and refining diagnostic techniques in the context of Meridian Theory.

### TCM Theory Foundations 1

This course looks at the core principles of TCM, such as Yin-Yang, the Five Elements, and the intricate dynamics of Qi. It offers an exploration of how these ancient theories underpin the practice of TCM, guiding the maintenance and restoration of health. You will develop a nuanced understanding of the body's internal balance and its impact on well-being. With a blend of theoretical knowledge and practical insight, this course lays the groundwork for effective application in TCM practices, fostering a holistic approach to health and healing.

### Point Locations 1

This course deepens your understanding of acupuncture through the study of point locations, actions, and techniques across seven meridians. You will refine your skills in diagnosing and treating with a focus on practical application, preparing you to effectively incorporate these practices into your clinical repertoire in Traditional Chinese Medicine.

### Point Locations 2

Advance your acupuncture expertise in this Level 2 course, focusing on the precise identification and application of points across additional key meridians. You will deepen your practical skills in point location and needling, enhancing your ability to tailor treatments to individual needs within Traditional Chinese Medicine practices.

### Techniques of Acupuncture 1

In this course, you will explore foundational acupuncture techniques, including needling, ear, and scalp acupuncture, alongside specialized protocols for detoxification and pain management. Through theoretical study and hands-on labs, you will learn to apply these methods safely and effectively, preparing you to integrate diverse acupuncture modalities into comprehensive treatment plans.

### Techniques of Acupuncture 2

In Techniques of Acupuncture 2, you will advance your practice with specialized TCM modalities including cupping, gua sha, moxibustion, dry needling, electro-acupuncture, and the Balancing Method. Through a blend of theory and extensive hands-on labs, you will learn to apply these techniques effectively, enhancing your therapeutic skills and confidence.

### Clinic Modalities

In this course, you will enhance your expertise in Traditional Chinese Medicine by mastering the techniques of gua sha, cupping, and moxibustion. Engaging in immersive practice labs, you will learn to apply these modalities effectively, ensuring a holistic approach to patientcare, validated through both written and practical assessments.



## Diagnosis and Treatments 1

In this course, you will master the art of TCM diagnosis, learning to assess patients through traditional methods such as palpation, observation, and inquiry, including specialized techniques in tongue and pulse diagnosis. You will develop the skills to differentiate TCM patterns and apply this knowledge to formulate precise, individualized treatment strategies.

## Needling Lab

In this hands-on Needling Lab course, you will refine your proficiency in acupuncture techniques, focusing on needle depth, angles, and sensitive points in line with CTCMPAO safety standards. Through extensive practice and guided instruction, you will master client draping, treatment setup, and needle handling, ensuring your readiness for direct patient care.

## TCM Clinical Safety

In this course, you will delve into essential safety protocols, infection control, and risk management practices tailored for acupuncturists. Through comprehensive lessons on safe needling techniques, best practices in record keeping, and adherence to regulatory standards, you will be fully prepared for direct patient care and the CTCMPAO Safety Examination.

## Observations Student Clinic

The Observation Clinics combine theoretical classroom learning and practical clinical application, enhancing students' comprehension and confidence in treatment skills. Learners assist senior students in preparing treatment spaces, patient care, and pre/post-treatment discussions covering diagnosis, point location, and functions. Learners also become familiar with clinic management and record-keeping skills.

## Pain Management and Rehabilitation 1

In this course, you will study the TCM approach to diagnosing and treating musculoskeletal conditions. Through a combination of lectures and hands-on labs, you will learn effective acupuncture techniques for managing heel, foot, leg, and knee pain, preparing you for direct patient care and advanced TCM practice.

## Pain Management and Rehabilitation 2

In Pain Management and Rehabilitation 2, you will advance your skills in treating musculoskeletal pain through TCM. Focusing on complex conditions from the hip to the neck, this course combines theoretical insights with practical labs, empowering you to effectively diagnose and apply targeted acupuncture treatments for comprehensive patient care.

## TCM Terminology

TCM Terminology will equip you with a comprehensive understanding and precise pronunciation of essential Traditional Chinese Medicine terms. Through immersive phonetics study and targeted terminology exercises, you will approach fluency in TCM vocabulary, enhancing your ability to communicate effectively within the domain of TCM practices and clinical settings.

## Contemporary Exam

In these exams, you will showcase your mastery over the extensive curriculum of Traditional Chinese Medicine and acupuncture. Designed to assess your readiness for professional practice, these comprehensive multiple-choice tests cover ideas, knowledge, and concepts studied in earlier courses.



## **Direct Patient Care Clinic (Contemporary)**

In the Direct Patient Care Clinic and Patient Study courses, you will engage in hands-on diagnosis and treatment of TCM conditions, honing your skills in patient care and management. Through practical experience, you will perfect your techniques in point location, develop professional patient communication, and document clinical encounters, culminating in detailed patient care reports.