

## Massage Therapy- Ottawa (RMT)

The Massage Therapy - Ottawa diploma program at triOS is 71 weeks. It includes 909 hours of clinical experience.

Registered Massage Therapists have the potential to directly impact the lives of their clients by easing discomfort and encouraging health and wellness. There are many proven health benefits that stem from the techniques that can be applied by Registered Massage Therapists.

As a student in this diploma program, you will be extensively trained in anatomy, physiology, pathology, massage sciences, pregnancy massage theory, sport massage, and much more.

### Program Benefits

- ✓ Half Day Classes
- ✓ Small Class Sizes
- ✓ Hands on Training
- ✓ Job Placement Assistance
- ✓ First Aid Training
- ✓ Provincial Exams Preparation

### Here's a look at some of the courses included in this program:

#### Human Sciences

Anatomy, Anatomy Myology, Physiology, Physiology Neuroscience, Pathology

#### Practitioner General Applied Sciences

Business Skills, Communications and the Healthcare Professional, Ethics and the Healthcare Professional, Jurisprudence and the RMT, Nutrition, Pharmacology, Portfolio Development, Research

#### Massage Science

Client Assessment, Hydrotherapy and Self-care, Massage Foundations, Principles of Treatments and Advanced Techniques, Sport Massage, Remedial Exercise

#### Treatments and Clinical Experience

Client Assessment Lab, Sports Massage Public Lab, Pregnancy Massage Theory and Clinic, Senior Student Clinic, Specialized Care, Treatments, Public Wellness Clinics, Team Leader Clinical Development



## Employment and Wage Outlook for Careers in this field:

**\$36**

Average Wage/Hr

**\$55**

High Wage/Hr

Source: [www.jobbank.gc.ca](http://www.jobbank.gc.ca)  
NOC Code: 3236 / 32201 - Wage data rounded down to the nearest dollar. Average wage doesn't reflect the starting salary but represents the middle value between lowest to highest wages. Local (or regional) income may vary. Last updated in November 2022.

### Career Opportunities

Private Practice  
Health Spas  
Fitness Clubs  
Rehabilitation Centres  
Hospitals  
Health Clinics

### Employers Who Have Hired triOS Grads



### Some Other Employers Include:

- pt Health

**"My experience at triOS was great. The instructors were all amazing and patient! I learned so much from them both in my field and on a personal level."**

-Tarra F.,  
triOS College Graduate

# Massage Therapy

NOC Code: 3236/32201

Diploma Program Length:

**71 Weeks**

**580 Hours**

- Anatomy and Physiology 1
- Anatomy and Physiology 2
- Anatomy and Physiology 3
- Anatomy and Physiology 4
- Anatomy 5
- Anatomy 6
- Anatomy 7
- Anatomy 8
- Anatomy Myology 1
- Anatomy Myology 2
- Anatomy Myology 3
- Physiology Neuroscience 1
- Anatomy Neuroscience 2
- Pathology 1
- Pathology 2
- Pathology 3
- Pathology 4
- Pathology 5
- Pathology 6
- Pathology 7
- Pathology 8
- Physiology 5
- Physiology 6
- Physiology 7
- Physiology 8

**228 Hours**

- Business Skills
- Communications and the Healthcare Professional
- Communications Terminology 1
- Communications Terminology 2
- Ethics and the Healthcare Professional
- First Aid
- Jurisprudence and the RMT
- Nutrition for the Massage Therapist
- Pharmacology
- Professional Portfolio Development
- Professionalism and the Healthcare Professional
- Research 1
- Research 2

**594 Hours**

- Client Assessment 1
- Client Assessment 2
- Client Assessment 3
- Client Assessment 4
- Hydrotherapy and Self-care for the RMT
- Massage Foundations
- OSCE Prep
- Principles of Treatments & Advanced Techniques 1-4
- Principles of Treatments & Advanced Techniques 5-8
- Remedial Exercise 1
- Remedial Exercise 2
- Remedial Exercise 3
- Sport Massage

**909 Hours**

- Client Assessment Lab 1
- Client Assessment Lab 2
- Sports Massage Public Lab
- Pregnancy Massage Theory & Clinic
- Client Case Study 1
- Client Case Study 2
- Public Clinical Lab
- Public Clinical Lab
- Public Clinical Lab
- Senior Student Clinic Hours
- Specialized Care - Massage Therapy
- Treatments 1
- Treatments 2
- Treatments 3
- Public Wellness Clinics
- Team Leader Clinical Development

**30 Hours**

**Oral Practical**

- Anatomy and Physiology Comprehensive 1
- Pathology Comprehensive 1
- Massage General Comprehensive 1
- Anatomy Comprehensive 2
- Anatomy and Myology Comprehensive 2
- Pathology Comprehensive 2
- Physiology Comprehensive 2
- Massage General Comprehensive 2
- General Comprehensive 2

## Admission Requirements:

1. Student has an Ontario Secondary School Diploma or equivalent, OR Is 18 years of age or older on or before the program begins AND can pass a qualifying test that has been approved by the Superintendent. \*
2. The approved qualifying test for this program is the Wonderlic test. A passing score for this program is 14.
3. Student must complete free online health care modules (IPAC) in advance of Orientation Day.
4. COVID Vaccination Recommended. Masking Policy in effect when treating clients or training in close proximity with other students.

\*Applicants from other Canadian provinces must be at least 19 years of age and a minimum of 1 year out of high school by the program start date and successfully pass an academic achievement test.

Please contact us for more detail regarding admissions requirements for international students

## Accreditation Policy:

Like all post-secondary institutions in Ontario, triOS College reserves the right to accept or deny advanced standing into its program.

## Note:

In order to continuously improve our programs, triOS College reserves the right to modify programs at any time. Program delivery order may vary depending on the program start date. This diploma program may not be available at all campuses. The program may have additional reading weeks, depending on the start date.

You can find our Key Performance Indicators (graduation rate, employment rate, etc.) at [www.triOS.com/kpi](http://www.triOS.com/kpi).

These are statistics from 2018.

