

Massage Therapy (RMT)

The Massage Therapy diploma program at triOS is 88 weeks. It includes 360 clinic hours and 80 outreach hours.

Registered Massage Therapists have the potential to directly impact the lives of their clients by easing discomfort and encouraging health and wellness. There are many proven health benefits that stem from the techniques that can be applied by Registered Massage Therapists.

As a student in our Massage Therapy diploma program, you will be extensively trained in public health, anatomy, physiology, pathology, hydrotherapy, kinesiology, nutrition, and the treatment of specific conditions. This program is recognized by the College of Massage Therapists of Ontario (CMTO) and will provide you with real-world work experience through clinic and outreach sessions.

Program Benefits

- ✓ Half Day Classes
- ✓ Small Class Sizes
- ✓ Hands on Training
- ✓ Job Placement Assistance
- ✓ CMTO Recognized Program
- ✓ Provincial Exams Preparation

Here's a look at some of the courses included in this program:

Preparatory Studies

Digital Literacy for Professionals, Career Planning & Preparation, Medical Terminology, Public Health, Ethics & Professionalism, Regulations and Legislation, Effective Research

Year One

Chemical, Cellular, and Tissue Biology, Anatomy & Pathophysiology [Integumentary System, Skeletal System Muscular System, Arthrology], Massage Techniques, Hydrotherapy

Year Two

Concepts of Business Planning & Managing, Anatomy & Pathophysiology [Endocrine System, Reproductive System, Cardiovascular System, Lymphatic System, Respiratory System, Digestive System, Urinary System, Neurological System], Pharmacology, Kinesiology and Remedial Exercise, Massage Techniques, Advanced Treatments, Nutrition, Comprehensive Treatment Planning and Assessment.



The CMTCA has awarded the Massage Therapy programs at our Windsor, London, and Hamilton campuses an Accredited status for 3 years (2022-2025), our Brampton campus for 5 years (2024-2029), and at our Toronto campus for 3 years (2024-2027).



The Massage Therapy programs at our Kitchener and Mississauga campuses have been granted Preliminary Accreditation by the Canadian Massage Therapy Council for Accreditation (CMTCA).

Employment and Wage Outlook for Careers in this field:



Employment Rate based on 2021 contactable triOS graduates employed in a related field within 12 months.

Source: workingincanada.gc.ca

NOC Code: 3236 - **Wage data rounded down to the nearest dollar. Average wage doesn't reflect the starting salary but represents the middle value between lowest to highest wages. Local (or regional) income may vary. Last updated in Dec 2022.

Career Opportunities

Private Practice

Health/Fitness Centres

Hotels/Spas

Self Employment

Massage Wellness Manager

Clinical Assistant

Employers Who Have Hired triOS Grads



Some Other Employers Include:

- pt Health

“My experience at triOS was great. The instructors were all amazing and patient! I learned so much from them both in my field and on a personal level.”

-Tarra F.,
triOS College Graduate

Massage Therapy

NOC Code: 3236

Diploma Program Length:

88 Weeks

44 Weeks

- Student Success Strategies
- Digital Literacy for Professionals
- Career Planning & Preparation - Level 1
- Medical Terminology
- Ethics & Professionalism
- Public Health
- Chemical, Cellular, and Tissue Biology
- Anatomy and Pathophysiology - Skeletal System
- Anatomy and Pathophysiology - Muscular System 1
- Regulations and Legislation
- Anatomy and Pathophysiology - Integumentary System
- Anatomy and Pathophysiology - Muscular System 2
- Hydrotherapy
- Effective Research
- Massage Techniques 1
- Clinical Assessment 1
- Anatomy and Pathophysiology - Arthrology Advanced
- Treatments 1
- Review 1

44 Weeks

- Concepts of Business Planning and Managing 1
- Anatomy and Pathophysiology - Reproductive System
- Anatomy and Pathophysiology - Cardiovascular System
- Anatomy and Pathophysiology - Neurological System
- Review 2
- Anatomy and Pathophysiology - Lymphatic System
- Anatomy and Pathophysiology - Digestive System
- Anatomy and Pathophysiology - Respiratory System
- Anatomy and Pathophysiology - Urinary System
- Anatomy and Pathophysiology - Endocrine System
- Pharmacology
- Concepts of Business Planning and Managing 2
- Clinical Assessment 2
- Kinesiology and Remedial Exercise
- Massage Techniques 2
- Advanced Treatments 2
- Nutrition
- Comprehensive Treatment Planning and Assessment
- Review 3
- Exam Preparation
- Mock Multiple Choice Questionnaire
- Mock Objectively Structured Clinical Examination
- Career Planning & Preparation - Level II

Clinic / Outreach

440 Hours

Admission Requirements:

1. Student has an Ontario Secondary School Diploma or equivalent, OR is 18 years of age or older on or before the program begins AND can pass a qualifying test that has been approved by the Superintendent.
2. The approved qualifying test for this program is the Wonderlic test. A passing score for this program is 14.
3. Student must provide a clear Vulnerable Sector Check.
4. Student must provide proof of grade 12 English or English proficiency.
5. Student must complete triOS College pre-Science Course or its equivalent.
6. Student must provide proof of experiencing a full body massage, either from the triOS Massage Therapy Clinic, or from a Registered Massage Therapist from an outside clinic.

*Applicants from other Canadian provinces must be at least 19 years of age and a minimum of 1 year out of high school by the program start date and successfully pass an academic achievement test.

International Students: Please contact us for more detail regarding admissions requirements.

Accreditation Policy:

Like all post-secondary institutions in Ontario, triOS College reserves the right to accept or deny advanced standing into its programs.

Note:

In order to continuously improve our programs, triOS College reserves the right to modify programs at any time. Program delivery order may vary depending on the program start date. This diploma program may not be available at all campuses. The program may have additional reading weeks, depending on the start date.

You can find our Key Performance Indicators (graduation rate, employment rate, etc.) at www.triOS.com/kpi.

These are statistics from 2018.

